YOUR MENU THIS WEEK



**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week one****06/09/21****27/09/21****18/10/21****15/11/21****06/12/21** | Cheese & tomato pizza (v) (1,3,6)OrVegetable & bean wrap (vg) (3)  ½ baked jacket, baked beans & pasta salad (1,3)Fruit jelly | beef bolognaise OrVegetable bolognaise (vg) Pasta (3), Carrots, green beansToffee apple wholemeal cookie with ½ glass milk (1,3) | Roast chicken & gravy OrVegetable & lentil wellington (1,3,11)Roast potatoesSeasonal greens, roasted vegetablesFresh fruit salad | Chicken burger in sesame bun (1, 3 ,6, 13)OrVegetable burger in a sesame bun (vg) (3,7)Potato wedges, sweetcorn, coleslaw (11)Jam sponge & custard (1,3,11) | Fish fingers (2,3)OrVegetable sausage (vg) (3)Chips, baked beans, peasChocolate & orange biscuit with chocolate sauce (1,3)  |
| **Week two****13/09/21****04/10/21****01/11/21****22/11/21****13/12/21** | Mild mixed bean & potatoCurry with 50/50 rice (v) (1)OrMac & cheese with basil bread (v) (1,3,6,14)Broccoli & carrots Vanilla shortbread (1,3)  | Mince beef burrito (1,3)OrVegetable & mixed bean burrito (vg) (3,6)Sweetcorn, Mexican potato salad, herby wholemeal breadFruit jelly with cream (1) | Roast turkey, gravy & stuffing (3)OrCauliflower & lentil bake (v) (1,3)Roast potatoesKale & carrotsChocolate brownie (1,3,11) | Chicken sausages with gravy (1,3,11,12)Or Vegetable sausages with gravy (3)Mash potato (1), savoy cabbage & green beansRice pudding with jam (1)  | Fish fingers (2,3)Salmon fishcake, (2,3,14)OrVegetable fingers(3) (vg)Chips, baked beans, peasWholemeal banana & apple crumble and custard (1,3) |
| **Week three****20/09/21****11/10/21****08/11/21****29/11/21**  | Tomato & basil pasta (3) (vg)OrPepper & spring onion frittata with new potatoes (1,11)Garden peas Seasonal salad, Fruit flapjack cookie (1,3) | Mild chicken katsu with light curry sauce (1, 3, 6, 13)OrVegetable katsu with light curry sauce (3) (vg)50/50 rice, green beans, carrots Oaty fruit crumble & custard (1,3) | Roast chicken & gravyOrVegetable & soya minced pie (v) (6,1)Roast potatoes, swede & savoy cabbageFruit jelly with cream (1) | Beef & vegetable raguOr Quorn balls in a tomato sauce (v) (3,11)Pasta (3), broccoli & sweetcornFruit sponge with custard (1,3,11) | Battered fish(2,3)OrRoasted pepper & mixed bean quesadilla, tomato salsa (vg) (3)Chips, beans, peasWholemeal oat cookie with ½ glass milk (1,3) |

**Allergen Key**: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard V= vegetarian VG= Vegan **MENU IS SUBJECT TO CHANGE \***

Available Daily: Handmade Bread, Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans, Cheese (1) Or Tuna Mayonnaise (2,11)