

HALAL

THREE WEEK MENU

AUTUMN/WINTER 2022

OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 31/10, 21/11, 12/12, 02/01,
23/01, 06/03, 27/03,



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Macaroni Cheese

Served with Peas and Carrots

Chicken Pie

Served with Mashed Potato and Gravy

Roast Turkey

Served with Roast Potatoes and Gravy

Beef Bolognese

Served with Wholemeal Pasta, Broccoli and Sweetcorn

Breaded Fish

Served with Chips, Peas and Beans

Alternative Dish

Vegetarian Sausage

Served with Mashed Potato and Gravy

Cheese and Tomato Pizza

Served with Sweetcorn and Salad

Vegetable Korma

Served with Carrots and Cabbage

Vegetarian Bolognese

Served with Wholemeal Pasta, Broccoli and Sweetcorn

Quorn Dippers

Served with Chips, Peas and Beans

Third Choice

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Jacket Potato with Salmon Mayonnaise

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Salads

Freshly Prepared Salads
Available every day

Jacket Potato

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Pasta

Tomato Pasta

Wholemeal Pasta with homemade Tomato Sauce
Available every day

Vegetables

Carrots and Peas

Sweetcorn and Fresh Salad

Carrots and Cabbage

Fresh Broccoli and Sweetcorn

Peas and Beans

Dessert

Vanilla Ice Cream

Hot Chocolate Sponge with Chocolate Custard

Oat Cookie with Fruit Slices

Apple Crumble with Custard

Ice Cream Milkshake with Shortbread

PACKED LUNCH – AVAILABLE DAILY
CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL
VEG STICKS AND FRESH FRUIT
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

Vegetarian **Oily fish** **Wholegrain** **Fruity!** **Nutritionist's choice**

WEEK 2 MENU

W/C: 07/11, 28/11, 09/01, 30/01, 20/02, 13/03,



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese and Tomato Pizza

Served with Carrot and Cucumber Sticks

Chicken Noodle Stir Fry

Served with Peas and Broccoli

Roast Chicken

Served with Yorkshire Pudding, Mashed Potato and Gravy

Keralan Chicken Curry


Served with Wholemeal Rice, Sweetcorn and Green Beans

Breaded Fish


Served with Chips, Peas and Beans

Alternative Dish

Chinese Vegetable Noodles

Served with Tomato Pizza Bread 

Sweet Chilli Vegetable Noodles

Served with Peas and Broccoli 

Vegetable Pie

Served with Mashed Potato and Gravy

Cauliflower and Sweet Potato Masala

Served with Wholemeal Rice, Sweetcorn and Green Beans

Quorn Dippers

Served with Chips, Peas and Beans

Salads

Freshly Prepared Salads
Available every day

Jacket Potato

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Pasta

Tomato Pasta

Wholemeal Pasta with homemade Tomato Sauce
Available every day

Vegetables

Carrot and Cucumber sticks

Peas and Broccoli

Carrots and Cabbage

Sweetcorn and Green Beans

Peas and Beans

Dessert

Jam Sponge

Banana and Apricot Flapjack served with Fresh Fruit

Chocolate Ice Cream

Apple and Berry Crumble served with Custard

Strawberry Milkshake served with Fresh Fruit

AUTUMN/WINTER 2022

PACKED LUNCH – AVAILABLE DAILY
CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL
VEG STICKS AND FRESH FRUIT
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

 **Vegetarian**  **Oily fish**  **Wholegrain**  **Fruity!**  **Nutritionist's choice**

WEEK 3 MENU

W/C: 14/11, 05/12, 16/01, 06/02, 27/02, 20/03,



MONDAY







TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Pesto Pasta Bake  Served with Peas and Carrots	Sweet and Sour Chicken Served with Wholemeal Rice	Roast Chicken  Served with Roast Potatoes and Gravy	Beef Bolognese   Served with Wholemeal Pasta, Sweetcorn and Green Beans	Breaded Fish Served with Chips, Peas and Beans
Alternative Dish	Vegetable Chilli    Served with Wholemeal Rice	Vegetable Chow Mein   Served with Broccoli and Sweetcorn	Vegetable Pastry Roll  Served with Roast Potatoes and Tasty Gravy	Vegetarian Cottage Pie   Served with Sweetcorn, Green Beans and Gravy	Vegan Meatballs in Tomato Sauce   Served with Chips, Peas and Beans
Salads	Freshly Prepared Salads Available every day				
Jacket Potato	Jacket Potato   With a choice of fillings	Jacket Potato   With a choice of fillings	Jacket Potato   With a choice of fillings	Jacket Potato   With a choice of fillings	Jacket Potato   With a choice of fillings
Pasta	Tomato Pasta    Wholemeal Pasta with homemade Tomato Sauce Available every day				
Vegetables	Peas and Carrots	Broccoli and Sweetcorn	Carrots and Cabbage	Sweetcorn and Green Beans	Peas and Beans
Dessert	Strawberry Ice Cream	Fruit Flapjack 	Fruit Jelly and Custard	Orange, Sultana and Carrot Slice 	Chocolate Milkshake served with Chocolate Biscuit

PACKED LUNCH – AVAILABLE DAILY
CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL
VEG STICKS AND FRESH FRUIT
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

 **Vegetarian**  **Oily fish**  **Wholegrain**  **Fruity!**  **Nutritionist's choice**